3 WEEK PRE-SEASON

TEAM CHALLENGE

We will run a short 3 week team challenge with no grading points.
The focus is social play and getting back in to playing squash.

The format is just like Masters Interclub, but for any age, and you have a set time of 30 min per match. There will be no dinners, but plently of drinks available in the bar.

- Team of 4 players per team, of any age.
- Mixed men and women.
- 6 teams per division.
- The 6 teams will meet up and play at one club.
- The matches will be organised on a regional basis.
- 3 consecutive Wednesdays, starting 23 Feb.
- Each person plays a match with a set time of 30 min.

Scoring will be Point a Rally and will accumulate until the end of the 30 minute match e.g. the score could be 58 to 42. The score will be added to the rest of the team mates scores and will result in a team score for the night.

Playing time for matches will be as follows - 5 minute warm up, 15 minutes play, 1 minute break, 14 minutes play. The start time for the first match will be 7.00 pm every week.

Contact your club to register as a normal interclub team. Teams will be dictated by grading points.

PRE-SEASON NO GRADING POINTS

